ADDICTION SUMMIT

Area agencies: Help is available for addictions

By David Frownfelder
Daily Telegram Staff Writer

ADRIAN — Personal stories and finding help comprised the Addiction Summit sequel Thursday at Siena Heights University.

The first summit March 12 was successful enough to spark the second gathering. The theme of Thursday's event was "Help is available. All you have to do is ask." The 10 speakers stayed with that theme, as people attending heard from such organizations as the Lenawee Substance Abuse Prevention Coalition, the Lenawee Community Mental Health Authority, Recovery Oriented System of Care, McCullough Vargas & Associates, Celebrate Recovery, ProMedica, Catholic Charities, Adrian Andy's Angels, Alcoholics Anonymous and Narcotics Anonymous.

"If you think there is a problem, there probably is," said Mac Marr, who described himself as a recovering addict. "There is always hope. You have to know where help is available. There are no easy answers and no cure-all."

The March 12 summit at the Adrian High School Performing Arts Center detailed the rising problems of heroin and prescription drug addiction in Lenawee County. Thursday

Area resource list

- Alcoholics Anonymous: 265-3590 or www.area32d2.org
- Narcotics Anonymous: 1-800-230-4085 or www.michigan-na.com
- Celebrate Recovery: 517-442-2229, 734-218-5809 or www.celebraterecovery.com
- Adrian Andy's Angels: 517-270-0403 or adrianandysangels@yahoo.com
- ProMedica Bixby Hospital: 263-0900
- ProMedica Herrick Hospital: 424-3000
- McCullough Vargas & Associates: 264-2244 or www.mvbhs.com
- Catholic Charities: 263-2191
- Lenawee Community Mental Health Authority — 263-8905
- 211 — Dial 211 or visit www.centralmichigan211.org

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