LENAWEE UNITED WAY

Student offers testimonial to how CAA financial classes provided keys to success

By Scott A. Marvin

I had outstanding some medical bills, was behind with my rent and felt stressed and overwhelmed.

I went to Housing Help of Lenawee (HHL) to seek help. HHL referred me to the Community Action Agency (CAA) for the Budgeting Basics class as this class was a requirement to receive assistance. It was through the CAA that I learned how to improve my financial status and manage to save money.

Through the budgeting class I learned that CAA also offered a six-week Financial Stability class and a 13-week Getting Ahead (GA) class. I thought these classes would help me so I registered for both.

By applying what I learned in the Financial Stability classes I have a more stable financial future. I am using many saving tips and have a savings plan started.

I was nervous to begin the GA class because I knew it was going to mean having to take a hard look at myself and my situation. Through the GA self-assessment of resources my mental resources was my lowest. By learning to use my higher resources of motivation, persistence and integrity, I have strengthened my mental resources.

During the classes I also realized the importance of being around positive, nurturing people. I now have a renewed self-confidence and can talk to others more easily. My anxiety around others has improved.

Since then I have joined non-profit boards and become a community volunteer. Through these new relationships, I have been able to increase my social capital and learned the importance of having positive role models. I now know how to budget money with just being on a limited income.

Due to my success I was invited to co-facilitate two other sessions of the Getting Ahead classes. I was able to help others learn about themselves and the choices they make. It was important for me to be able to help others learn about poverty and the community resources that are available to help.

I appreciate the opportunity to take these classes because it has helped me and others tremendously. I am very thankful that the community offers these classes for people in need to help become more self-sufficient.

The CAA Budgeting Basics, Financial Stability and Getting Ahead classes are all made possible by support from the Lenawee United Way. For more information visit lenaweeunitedway.org.

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