Wednesday, January 25, 2017

DEAR ABBY:

I am having a hard time deciding if I should give up my infant grandson to his father or continue to raise him. When my daughter was a teenager, she got pregnant after a one-night stand. She and her baby’s father both left her, and the father refused to help care for the child. My daughter is single, only 25, and has no support systems. I am her only family support, and her mother is dead.

I know she should not have gotten pregnant, but I don’t blame her. I don’t think any daughter should blame her mother, but is a mature and loving mother. I didn’t think I would live to raise my granddaughter, so I am just fortunate to be able to raise her.

She is going to court to try to get the father to take responsibility for his child. She is not sure if she should make him pay child support or just give up the baby to him. She is strongly considering giving the baby to him if she has to, but I think she should be able to raise the baby herself. She wants her decision to be made by her and her husband, not the court, but she is not sure what to tell her husband.

DEAR NOT SURE:

When considering the future of a child, it’s important to take into account the child’s best interests. It’s usually better for a child to be raised by a loving family who can provide a stable and nurturing environment, rather than by a stranger who may not be able to provide the same level of care.

It’s important to consider the child’s age and developmental stage. A baby is more vulnerable and may require more intensive care than an older child.

It’s also important to consider the emotional impact on the parents. Raising a child is a challenging and rewarding experience, but it’s important to make sure that both parents are prepared and able to provide a stable and supportive environment for the child.

In the end, it’s up to the parents to make the decision that they feel is best for their family and the child. It’s important to remember that the decision should be made with the child’s best interests in mind, and that it’s okay to seek the advice of professionals, such as counselors or social workers, to help make the decision.

Dear Abby, can you provide any guidance or advice to help make this difficult decision?

DEAR ABBY:

I have a question about a law that is being debated by the city council in my town. It’s about marijuana use. I’m not sure what the law is, but I’ve heard it might be legal for certain uses. Can you provide any information about the proposed law and its potential impact on the community?

DEAR READER:

CANNABIS — The City of Hillside is currently in the process of revising its marijuana ordinance. The proposed changes would allow for the legal cultivation, possession, and use of marijuana for medical and personal use within the city limits.

The changes are being made in response to the growing body of research showing the potential benefits of cannabis, such as its potential to reduce pain and anxiety. However, the proposed changes have also received significant opposition from some members of the community, who are concerned about the potential impact on public safety and health.

It’s important to note that the proposed changes are still in the early stages of development, and there are still opportunities for public input and feedback. If you have any concerns or questions about the proposed changes, I encourage you to get involved and share your thoughts with the city council.

Please stay tuned for future updates on the proposed changes to the marijuana ordinance in Hillside.

DEAR ABBY:

I am a concerned parent who is worried about my child’s use of social media. I have noticed that my child spends a lot of time on these platforms, often at night and during school hours. I’m concerned that my child may be vulnerable to harmful content or may be engaging in harmful behaviors online. What can I do to prevent these things from happening?

DEAR READER:

Social media can be a valuable tool for communication and connection, but it’s important to be aware of the potential risks and to take steps to protect your child.

First, it’s important to talk to your child about social media and the potential risks. Help them understand the importance of maintaining privacy and protecting their personal information. Encourage them to be cautious when sharing personal details online and to be aware of the potential consequences of sharing controversial or inappropriate content.

It’s also important to set limits on social media use. Help your child establish a reasonable amount of time to spend on social media each day and ensure that they are taking breaks and engaging in other activities.

Finally, consider using parental controls or monitoring tools to track your child’s online activity and to prevent access to potentially harmful content. These tools can help you identify and address any concerns that arise.

Please stay tuned for future updates on social media use and the potential risks for children.

DEAR ABBY:

I have a question about a recent news article I read online. It was about a new study on the effects of exercise on brain function. The article mentioned that exercise can improve cognitive function, but it also mentioned that there are some limitations to these findings. Can you provide any information about the study and the limitations mentioned in the article?

DEAR READER:

Exercise can have numerous benefits for brain function, including improved cognitive function and reduced risk of neurodegenerative diseases. However, it’s important to note that the benefits of exercise on the brain are not universal and may vary depending on a number of factors, such as age, gender, and overall health.

A recent study published in the Journal of Neurology, Neurosurgery, and Psychiatry found that exercise can improve cognitive function in older adults with mild cognitive impairment. However, the study also noted that the benefits of exercise on the brain may be limited to individuals who are already engaged in physical activity and may not be as pronounced in those who are sedentary.

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Please stay tuned for future updates on exercise and brain function.

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